



*'Let there be a Herbalist in every home and a Practitioner in every town' - Dr John Ray Christopher*

First Edition 'Herbcraft' Course  
£595

**SPECIAL LAUNCH OFFER**

save £100

... Pay only £495 *(Limited time only - see over for details)*

*OTHER PAYMENT OPTIONS AVAILABLE*

*Working with Nature through the Seasons*

At last ... a complete and concise, personal (12 month) Home Study Correspondence Course on basic and simple **Herb Craft** (*and much more*) ... for today's Modern World!

This is a must for everyone who recognizes the necessity and feels the call to re-connect with Mother Nature, her gifts and the wisdom once handed down through generations. A chance to re-empower the nurturer and healer within and learn to use the ancient knowledge of the Plant Kingdom to help keep you and your family well.

**You will learn:**

- Basic Anatomy & Physiology—how the body works and common complaints relating to the major body systems
- Herbs, nutrition and natural healing methods to strengthen these systems, prevent disease and help correct conditions already prevalent
- Make basic herbal preparations in your kitchen
- How to recognise over 85 different medicinal plants and trees
- Gain insight into various alternative therapies and methods to enhance one's physical and spiritual well being

**Course contents include:**

- Understanding how the body works
- Nutrition and natural healing methods
- Kitchen pharmacy
- Herbal first aid
- Basic herbal preparations
- Honouring the seasonal festivals
- Medicinal and magical herbs throughout the year
- Iridology
- Flower essences
- Emotional Freedom Technique
- Crystal therapy
- Chakras
- Healing trees
- Reiki and other healing methods
- Plant spirit and nature meditations

**Also includes:**

Five Elements diagnostic chart, practical DVD, herbal contra-indications, 12 full-colour reference cards, wild flower identification book, wild food book and herbal samples.

*Bi-annual assessment and diploma certificate upon completion (if requested)*



I wish to take advantage of the **Special Launch Offer** and enclose my cheque for **£495** (*made payable to: M Cardwell/Herbcraft*) and **save £100**

I wish to pay **over 6 months** at **£100** per month

I wish to pay **over 12 months** at **£50** per month

*(Please enquire for further information on instalments) Paypal option available online*

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Date: .....