

Experiential Herbcraft

with Melanie Cardwell

25th — 27th June 2010

Wild Ways,
Highley, Shropshire
www.wildwaysontheborle.co.uk

'Working with Nature through the Seasons'



Subjects covered include:

- Creating a Herbal Kitchen Pharmacy
 - Plant Identification Walks
 - Learn the Secrets of Natural Beauty
- Making your own Herbal Preparations: salves, herbal oils, medicinal teas, syrups ..

Come and join us at midsummer for 'hands-on' practical Herbcraft in the wilds of Shropshire. Set among eighty acres of stunning woodland, Wild Ways is an ideal venue for exploring Nature and all her gifts. You will explore creating a kitchen pharmacy, making herbal 'lotions & potions' which you can take away with you, discover many edible and medicinal plants and lots more.

Experience abundant woodland and meadows, a traditional roundhouse, sauna, comfortable dormitory-style accommodation, delicious organic vegan meals to tickle your taste-buds, eco-friendly compost toilets ... and you'll certainly make some new herbal friends along the way!

*Spaces limited ...
Book early to avoid
disappointment*

Includes accommodation, six delicious
vegan meals, and tuition.

£175.00

*Payment terms available
Contact us for further details*



www.herbcraft.info



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www.naturespharmacy.org.uk